

04. Health procedures

04.6 Oral health

The setting provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks and tooth brushing.

Fresh drinking water is available at all times and easily accessible.

Sugary drinks are not served.

Only water and milk are served with morning and afternoon snacks.

Children are offered healthy nutritious snacks with no added sugar.

Parents are discouraged from sending in confectionary as a snack or treat.

Staff follow the Infant & Toddler Forum's Ten Steps for Healthy Toddlers.

Further guidance

Infant & Toddler Forum: Ten Steps for Healthy Toddlers www.infantandtoddlerforum.org/toddlers-to-preschool/healthy-eating/ten-steps-for-healthy-toddlers/